

Starbright Children's Development Centre

(250) 763-5100



NOVEMBER 2016

November Bulletin

November 20th – National Child's Day

TOY RECALLS

A great parent resource for articles, ideas and infant item recalls is www.todaysparent.com

BE ON THE LOOKOUT FOR LANGUAGE MILESTONES

Every child develops at his own pace; however, there are certain language milestones to watch for. You can help foster your child's language development by using some simple communication techniques.

<https://www.speechbuddy.com/blog/language-development/how-to-foster-language-development/>

CONNECTING

Autism Society of BC goes for Coffee

Would you like the opportunity to meet other parents who have children with Autism and be able to share and learn together? The Kelowna group of the Autism Society of BC is hosting coffee meetups:

Thursday, November 24

Wednesday, November 30

From 10:30 to 11:30 at the Bike Shop Café 101-2357 Ellis St

For more information about the group or to RSVP, please contact Lisa Watson by email at kelowna@autismbc.ca or by phone at 250-212-4075

CONNECTING

Parents of Children with Down Syndrome

We meet on a monthly basis to bring children and parents together to engage in play, discussion, education & community advocacy.

A networking group under the Lower Mainland Down Syndrome Society (LMDSS)

www.lmdss.com

Contact : Amie Hough 250-863-4101

LMDSSOkanaganCommunity@

lmdss.com

IS YOUR CHILD RELUCTANT TO TRY NEW FOODS?

Autism Speaks has a great webpage that gives ideas that can help when a child has very narrow food selections!

<https://www.autismspeaks.org/family-services/health-and-wellness/nutrition/seven-ways-help-picky-eater-autism>

NEAT IDEAS

When you pull out the paints, does more end up on your kid than on the paper? Turns out there's an easy way to more easily wash paint off your kid's hands. Just apply moisturizer to your kid's hands before painting. The lotion acts as a barrier, helping the paint wash right off with little scrubbing!

DID YOU KNOW....?

Travel agencies can tell you about companies that have cruise vacation packages that are specifically designed for families with children with autism! Give a call to those in Kelowna to see what they offer!